

Research Challenges and Opportunities in Asian Countries Towards Ensuring Healthy Lives and Wellbeing with Sustainability

Than HTUT

University of Public Health, Myanmar

thanhtut21@gmail.com

Abstract – The Ministry of Health and Sports is concentrating over the tasks to provide sustainable healthcare system that is accessible to all citizens anywhere in the country. It has its own conceptual frame works, a new National Health Policy (2020-2021) and National Health Plan (2017-2021) to lead the country towards the goal of universal health care (UHC) by 2030 along with overarching development plans such as National Comprehensive Development Plan (Health Sector) (2011-2012 to 2030-2031) and Myanmar Sustainable Development Plan (2018-2030). Research is mainly encompassed as a corner stone in various health sector reforms and strengthening strategies with an aim of acquiring research culture. The Myanmar government plans to increase the medical research budget to 3 billion kyats (US\$1.97 million) in the upcoming fiscal year, the highest amount ever allocated to research funding in the country's history. In parallel with Myanmar's government health care investment key policy, incremental influx of establishment of joint ventured private hospitals, health insurance scheme and updated disciplines like environmental health, climate change are being attracted researchers and thus alarmingly impose as opportunities cum challenges.

Keywords: Health; Research challenges; Sustainability; Asia