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# Effect of Maternal Exposure to PM<sub>2,5</sub> on **Proinflammatory Cytokine, Oxidative Stress Marker and Serotonin** in Umbilical Cord Blood

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## Introduction

- Air pollution is a global health concern which is possible to impose health hazard at any age.
- Intrauterine growth period is more vulnerable for the developing fetus, and recently, possible transplacental transfer of fine particulate matter has been reported <sup>(1)</sup>.



• This study aimed to investigate the effect of  $PM_{25}$  exposure during third trimester of pregnancy on the cord blood level of cytokine interleukin (IL) 1 $\beta$ , oxidative stress marker (heme oxygenase-1) and acute stress marker serotonin by comparison between high PM<sub>2.5</sub> exposed mothers (high exposed group;  $PM_{2.5}$  > 25 µg/m<sup>3</sup>) and low  $PM_{2.5}$  exposed mothers (low exposed group;  $PM_{25} < 25 \,\mu g/m^3$ )<sup>(2)</sup>.

## Materials and Method

- (Pilot Study) Localization of high and low PM<sub>25</sub> Exposure areas in Yangon and Taunggyi Cities.
- Recruitment of pregnant women at AN care of CWH, Yangon and WCH, Taunggyi who resided at pilot-study-determinded locations of these two Cities.



- Confirmation of PM exposure level by PM measurement at their homes.
- Cord blood collection from normal spontaneous vaginal delivery (n=56 each group) and serum analysis of IL-1 $\beta$ , heme oxygenase-1 and serotonin.

## Results

Data were presented as mean (SEM).



#### PM<sub>2.5</sub> exposure level at third trimester

Pocket PM<sub>2.5</sub> sensor

Birth Weight (Kg)	3.06 (0.06)	3.06 (0.04)
MBD (wk)	38.8 (0.3)	39.3 (0.3)
HO-1 (ng/µl)	1363.2 (32)***	944.3 (58)
IL-1β (ng/μl)	3.4 (1.3)	0.9 (0.1)
Serotonin (ng/µl)	<b>2.8 (0.5)</b> *	1.4 (0.3)

## **Discussion & Conclusion**

- Mean cord blood serum levels of IL1β, heme oxygenase-1 and serotonin of exposed group were significantly higher than those of control group even when birth weight and gestation were comparable between groups.
- These results suggest that maternal inhalation of PM during third trimester may induce systemic inflammation and oxidative stress in fetus, accompanied with change in cord blood of IL1 $\beta$ , heme oxygenase-1 and serotonin level.

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## References

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#### No conflict of interest